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Category: Curly Hair Styles

Subcategory: Curly Hair Styles

Tip: How To Care For Curly Hair

Hair care for curly hair can be a struggle for those blessed with natural wave or curl in their hair. Curly hair is usually more prone to dryness and frizz than its straighter counterpart but keeping those curls looking healthy and shiny isn't impossible if you use the right products. Start with a moisturizing shampoo and conditioner to get your hair in its best condition. If dryness and frizz are big issues look for an anti-frizz shampoo and conditioner that will help alleviate this problem right from the beginning. Created with curly hair in mind, these products are moisturizing and gentle enough for colored hair and everyday use. They also have silicone added to control frizz and enhance your curls for a full head of shiny and manageable hair. Are you looking to trade in your curls for smooth tresses? Try a straightening and smoothing shampoo and conditioner. Packed with the same moisturizers and silicone as the curl enhancers, these shampoos protect and ready your hair for straight styling. So when looking for the right products to care for curly hair it try to look for products, such as these shampoos and conditioners, that do double duty and help make styling easier as well.

Category: Drying & Styling

Subcategory: Drying & Styling

Tip: Are Expensive Hair Dryers Worth The Money

Folica.com Tip: For those with curly hair it may be well worth it to invest the money in a high quality blow dryer and its accompanying diffuser. Higher end hair dryers dry the hair more evenly and quicker with negative ions and infrared heat, which cuts down on frizz and damage. If your curly hair is unruly and dry you may find it worth it to move up to a higher end blow dryer.

Tip: New Color Trendy In Hair Styling

The right color can make or break a hairstyle. For a great color that gets noticed try one of these trendy new hair styling techniques in coloring. Reds are a hot color these days. If your coloring suits red hair try going bold with either deep, rich auburns or bright, show stopping paprika. A bold all over color works great to get even the most simple hair styles noticed. Another trend in hair styling is tone on tone color. Try subtle strawberry blonde highlights in red hair to give your hair a style edge. Blondes are going light and natural these days. Pastel and butter blondes are prominent in hair styling with lighter highlights placed around in the front of the hair to frame the face. Do remember

that going very light blonde required a lot of touch ups so be sure you're ready for the commitment to avoid unsightly roots. Brunettes are having fun too. Deep sable browns with honey highlights give you a natural look that's far from boring. Espresso browns are also popular in hair styling and are being seen on celebrities that have taken their long hair short. For added style try having just the tips of your hair highlighted. It will give definition to layers and is low commitment because the highlights will be trimmed off quicker.

Tip: What To Look For In A Good Blow Dryer

Folica.com Tip: A blow dryer with ceramic technology will help prevent damage to your hair. These blow dryers distribute the heat more evenly avoiding hot spots that can dry out your hair. Ceramic is also known to emit ions that help kill bacteria build up which will leave your hair shiny and healthy.

Subcategory: Hair Dryers Tips

Tip: Hair Dryers: Blow Dryers

Today, when we talk about hair dryers, we're not talking about those big bonnets that ballooned atop our mothers' heads when they were young—or those helmet-style, portable dryers hairdressers wheel around the salons. While those styles of hair dryers are still made and purchased, today a "hair dryer" most likely refers to a blow dryer. There just might be more types of blow dryers than there are hairs on your head (OK, not really, but there's a lot). In other words, the selection is vast so make sure you compare the various features of potential blow dryers to your needs before picking one up. *The hot ticket item among them right now is the ionic hair dryer.

Tip: Travel Hair Dryer

Plan on traveling a lot? Then, you must perfect the art of compressing your life into a few suitcases (this includes finding a blow dryer that's small yet efficient). Many hair dryers are available that work well and are compact! Don't feel like just because you need a dryer that you can stow away that you will have to settle for a low-powered, dinky model. You can easily find a number of small, 1875 watt dryers that have powerful airflows (so you can dry faster, leaving more time to see the sights). In addition, countless portable dryers have multiple speeds and heat settings—you can also get them with or without the ion feature (an ion hair dryer helps to eliminate frizz). *If you travel out of the country a lot, it's smart to get a dryer with dual voltage for worldwide travel (so it can fit most outlets).

Category: Female Hair Loss

Subcategory: Female Hair Loss Tips

Tip: Normal Hair Loss

YIKES! Your hair's falling out—or so you think. Many women are traumatized by what they believe to be excessive hair loss. Every day, the average woman sheds up to 200 hairs out of the 150,000 on her scalp. These are the hairs that fall out when you wash, towel dry, or brush your hair. The hairs on your scalp exist in one of three phases: a growing phase, a static phase and a shedding phase. About 10% of your scalp will be in a shedding phase at any one time, which can lead some uninformed women to worry about female hair loss. Consider yourself informed.

Tip: Product for Women with Thinning Hair

Women are more disturbed by thinning hair than men tend to be and, even though there are products out there for women with this problem, they were created as an after thought by many of these companies. Paul Mitchell company has produced a Rogaine Professional Treatment Kit for women (it is available at salons that carry his products). If this is your concern, look for a salon that carries the products and speak with a professional.

Category: Hair

Subcategory: Hair Tips

Tip: Porosity of Hair

Porosity of hair is the ability of the hair to absorb liquid or moisture. It is important when doing any sort of chemical treatment that the hair is not overly porous as it can soak up the chemicals too quickly and damage the hair. If the hair does not have the same porosity over the entire head, some areas will process too fast. An easy test for porosity is to take a lock of hair and let it float on water for two minutes. If it floats, the outer layer is healthy. If it sinks, the outer layer is too open and will allow chemicals to absorb too quickly—in this case don't process with any chemicals until treated with the proper reconstructors.

Category: Hair Accessories

Subcategory: Hair Accessories

Tip: Dress Up A Little Girl's Hair With A Hair Bow

If you have a little girl you probably love adding cute hair accessories to her hair. Make her hair as cute as she is with the addition of a fancy hair bow. There are endless styles to choose from and will suit any outfit or personality. From pink polka-dotted ribbon hair bows to sailor inspired creations your little girl is sure to be the belle of the ball in these adorable little hair bow creations. For older girls who may be in cheerleading, why not consider having personalized hair bows created for her cheerleading squad? The hair bow can be made with their school colors and even the team's name written on the hanging ribbons.

Tip: Glam Up An Updo With Vintage Hair Accessories

An evening updo is a great way to wear your hair for a special event. To take that updo to the next level try adding vintage hair accessories to your hair for a touch of old Hollywood glamour. Vintage hair accessories such as hair combs are easy to use and instantly make any hairstyle look stunning. Try adding a vintage jeweled hair comb to a French twist or bun for a touch of glimmer. Long hair can also be worn down in loose curls with one side swept up via an elegant hair comb. It's fast and easy and will look amazing. For shorter hair glam it up with the addition of vintage barrettes or hair pins. Sweep bangs to the side with a jeweled hair pin for a hint of glitter or place many jeweled hair pins throughout your hair for a peek-a-boo jewel effect.

Tip: Great Color From A Beauty Supply Store

For most people coloring their hair at home begins with a trip to their local department or drug store. For those who want a hair color a step above what you'll find on a drug store shelf try buying your colors from a local beauty supply store. Most beauty supply stores will carry only high quality colors, with many of them being derived from the professional formulas used in salons by professionals. Many of these colors you find in a beauty supply store are packed full with hair friendly conditioning agents to leave your newly colored hair in just as good condition—or better—than before you colored it. The colors found in a beauty supply store are no more difficult to mix than ones from the drug store so there's no need to feel intimidated. Simply follow the included instructions and you're well on your way to fabulous hair. Standing in front of an aisle of hair colors can be intimidating. Buying your hair color from a beauty supply store, either in person or online, can alleviate the chances of picking the wrong color thanks to a color chart. Many times the company will have an easy to understand chart that will tell you whether or not you can get the desired results of a particular color on your hair. Simply look for the color you want and see if it is recommended for your natural hair color. If it's a match then you're on your way to your new fabulous color.

Category: Hair Coloring

Subcategory: Hair Colors Tips

Tip: A Quick Color Touch-Up Trick

*Here's a quick color touch-up trick for those who might be ready for a color touch-up and have an important event coming up before being able to get one. If you have light hair, take a dry facial powder that is close to the color of your hair and, with a make up brush, apply this right on the root area in the part. For those of you who have dark hair, use some mascara or eyebrow pencil and apply it right at the part (this will temporarily cover up the new growth and camouflage it so your hair color will not appear in need of tint).

Tip: Choosing a Complimentary Color

In general, as we age, our skin tone changes as well as the color of our hair. Even if we are not getting gray yet, our hair begins to lose some color. In order to pick a tint color that is becoming, it is best to go lighter as we get older. Choosing a complimentary color isn't difficult—go lighter (this is more softening to the skin tone and less contrasting). Even on white hair, a very attractive effect is created by tinting the hair a very light blonde. This gives the effect of blonde hair, but does not look harsh or unnatural.

Tip: Choosing Proper Color

I hate to break it to you but what you see isn't always what you get. Choosing proper color for your hair by looking at swatches can be tricky! When choosing a hair color, remember that color swatches are done on bleached, synthetic hair. On natural, human hair a tint will always appear approximately one shade darker than the color swatch. Find the shade that you like and use one shade lighter to achieve a natural look.

Tip: Coloring Shampoos

When light hair or hair that has been highlighted begins to grow out, it often becomes brassy and dull. Many times you don't want to re-color it or, in the case of naturally blonde hair, maybe just don't want the chemicals on your head. Try coloring shampoos with violet or purple bases. A very good one is Clairol's Shimmering Lights and another one is Simply Silver from Nexxus. Aura makes one called "Blue Malva" which is also good. These shampoos work on the principle that blue neutralizes yellow, and purple neutralizes gold. In other words, if your hair is yellowish or brassy these will neutralize that. Be careful, if your hair is dry and porous, to dilute it a bit first and do not use it more than twice a week as it can give some blue casts. These shampoos are a good way to keep light hair looking nice without a color touch up.

Tip: Keeping Gray Hair from Yellowing

KMS and Nexxus make wonderful shampoos for gray hair to keep it from looking yellow and brassy. The trick is to lather up twice; once to clean your hair, and the second time, leave the shampoo in your hair for about five minutes. This allows the product to remove yellow tones. Next, before you style and dry your hair, apply about three cap fulls of Fanciful temporary color in White Minx. It has been a favorite for years due to its ability to bring out the brightness of gray hair. Remember, all these products will look PURPLE. They're supposed to; it's the chemical that brightens gray hair. Another great product is VO-5 smoother/conditioner for gray hair. Use only a dime-sized amount on dry hair to make your gray hair bright and manageable. If you smoke or swim in chlorinated pools, your gray hair will really be a challenge to keep bright.

Tip: Keeping Red Hair Red

It is common for tinted red hair to fade fairly easily (usually because permanent hair tints do not have a great deal of color pigment in them). Want to know a secret about keeping red hair red? If you want to maintain a nice color in between tints, use a red colored shampoo. Aura makes red colored shampoo called Madder Root Shampoo (companies like Wella, Loreal, Clairol and others also make shampoos that are made expressly for use on color treated hair). *These shampoos are mild and will not strip out color.

Category: Hair Extensions

Subcategory: Hair Extensions Tips

Tip: Benefits of Hair Extension

Thinking about getting hair extensions? The longer your own hair is, the less hair the salon will need to add to achieve your natural look. Your hair texture is also important in determining the amount of hair that needs to be added (you can add a little hair for thickness or lots of hair for a completely different look). Rather than ruining your hair (which is a common myth), hair extensions will help you grow out your own hair. Inch for inch, hair extensions will improve your look more than plastic surgery. *Hair extension is pain free and inexpensive.

Tip: Extending the Life of Hair Extensions

Don't leave the salon without requesting information on how to care for your new hair extensions—good care will extend the life of your investment. Take your time and be gentle with your new hair extensions. Tugging or harsh brushing can weaken the bonds that hold your extensions in place. If you chose human hair extensions, they can be set, curled, and highlighted (at the salon). *Hair extensions should not be more than twice the length of your hair.

Tip: Hair Extensions

What woman doesn't want to be looked at and admired? And, which glamour feature do women generally spend the most time fussing over to attain that admiration? Our hair! One dramatic way to change your look is by using a quality hair extension. You're sure to get a reaction! The quality of materials and construction of these fun accessories has improved in recent years. Hair extensions today will look good through a lot of wear. If you're trying to rack up style points, hair extensions are a quick, easy, inexpensive way to do it.

Category: Hair Fixes

Subcategory: Hair Fixes

Tip: Repair For Damaged Hair

Too many color or perms can result in damaged hair. If your hair is in need of some serious TLC try ApHOGEE hair treatment to restore your hair to its former healthy self. To use this product to treat your damaged hair, wash your hair with a high quality, moisturizing shampoo. Towel dry your hair and apply enough of the ApHOGEE to saturate the hair. Use a wide toothed comb to gently distribute the product throughout the hair. You will need a heat source such as a hard hat dryer (the type you sit under) or a hand held blow dryer to warm the hair. Do not touch the hair while it is being treated. The ApHOGEE will harden in the hair—this is normal. Once the treatment is done re-wet the hair and rinse the product out thoroughly. Your damaged hair should now feel softer and healthier. Repeat according to the directions to maintain your healthy hair.

Tip: Safflower Oil Hair Moisturizer

Is your hair dying of thirst? Hair normally has a moisture content of about 10%. If your hair is dry, frizzy, permed, color-treated, or relaxed, there's a good chance the moisture content has dropped below this level. Safflower oil (the kind you cook with) can increase your hair's ability to attract and retain moisture. Place 1 or 2 drops of safflower oil in your palms, rub them together so they shine, and carefully scrunch your hair (while dry), working the oil to the ends first, then toward the scalp. Leave the oil in your hair (you won't notice it's there). Keep in mind that a small amount goes a long way.

Category: Hair Products

Subcategory: Hair Products

Tip: Buying Hair Care Products The Smart Way

Often, when standing in the hair care product aisle and faced with hundreds of options, it can seem overwhelming to try and choose what's right for your hair. Before you grab the closest bottle on the shelf, take some time to get educated in the art of buying hair care products. The first step is to know what you need to make your hair do what you want. It sounds simple enough but with so many products out there that have very different hair styling jobs, picking the hair care product meant for your hair is going to require some research. Learn the difference between products meant to volumize hair (something you'll want if your hair is fine or thin) or those that are meant to tame curly hair and frizz. Choosing a volumizing mousse for thick, unruly hair is only going to compound your problems so determine what your hair's bad habits are and find a product to correct it. Get informed by reading fashion magazines or message boards dedicated to hair care products. Learn from both experts and consumers just like you what's out there in the world of hair care and what works—and what doesn't. Keep in mind that everyone's hair is different and you will need to try a few products yourself to see what works for your hair. A beauty editor may not always be completely unbiased in recommending a product and someone on a message board may have completely different hair needs but it's a great starting point for narrowing down your options. If you really are lost as to what type of hair care products to choose your best bet is to buy your products from a salon or reputable online source. Every professional salon and good Web sites will have a no hassle return policy. This way you can try a hair care product and if it's not for you simply return it for an exchange or refund.

Tip: Remove Product Build Up With Got2b Squeaky Clean Shampoo

All of those styling products you put in your hair can have a negative effect on your hair. When you notice that your hair has lost its body and bounce it could be due to product build up on the shaft on your hair. Get a shampoo that removes this build up. The right shampoo strips hair of unwanted product build up but it won't strip your hair of its natural oils. In fact, this shampoo will give your hair a vitamin boost to ensure your hair is left soft and healthy after it is washed. This type of shampoo doesn't need to be used every day but once a week for those who use a lot of hair products or have very fine hair should do the trick. Did you know that swimming can leave chlorine build up on your hair? Chlorine can make hair difficult to style and even give a green tinge to blonde hair so make sure you remove any residue when you wash your hair with this shampoo.

Subcategory: Hair Products Tips

Tip: Cons of Texturizers

Although milder than most relaxers, a texturizer is still a chemical process. Therefore, it does require extra maintenance and may have a negative effect on certain hair types.

*You should use the same caution in choosing a texturizer that you would in using any

perm or relaxer.

Tip: Hair Product: Conditioning vs. Conditioner

Sometimes it seems that there are too many products to choose from, and marketing terms can be confusing. A hair care product labeled "shampoo/conditioner" will not clean hair effectively. The point of lathering up with shampoo is to lift dirt and grime from the follicles and rinse it away. Once you've cleaned your hair properly, it's ready to be conditioned. With a combined shampoo/conditioner, the chemical that makes your hair feel "conditioned" is really building a waxy coating over the follicles that will eventually make them look dull. A conditioning shampoo, however, is completely different—this hair product may not be as deep cleansing as other shampoos, but it contains more moisturizing agents and can be very beneficial for dry hair. *It's still wise to use a good conditioner afterwards, even with a "conditioning shampoo."

Tip: Hair Products after Hair Transplant

OK, it's your hair not your heart, but as a hair transplant patient you need as much TLC as your neighbor with the bum ticker. The first thing you need to do is purchase a hair care product specially made for hair transplant patients (that would be a quality post-surgical shampoo and conditioner). Select a shampoo and conditioner that contain soothing Aloe Vera gel and also provides an essential copper peptide micronutrient to help control crusting. Use these hair care products at both the recipient and donor sites to enhance healing. Both sites will also benefit from a hydrating gel wound dressing—specially formulated to provide the moist wound environment necessary to the natural healing process after hair transplant. This soothing gel should contain the essential micronutrient copper. *The gel will improve wound tensile strength and retain closure after healing—returning you to the dashing character you once were—or always wanted to be.

Tip: Hair Products: Bad Hair Day

Using the right hair products can help you avoid bad hair days. First, you need the right shampoo and conditioner. Today's hair products are very advanced and capable of coping with the specific needs of different hair types. Dry hair needs a moisturizing shampoo however, you'll need a shampoo with oil control if your hair is greasy. After shampooing, rinse out all traces of conditioner (residue can leave hair dull, matted and unmanageable). In fact, hair product residue is a main cause of bad hair days, because it weighs hair down making it difficult to style. *A natural hair care product, perhaps one infused with mint and basil, used every few washes could solve residue problems.

Category: Hair Removal

Subcategory: Hair Removal Tips

Tip: Hair Removal: Number of Sessions

The number of sessions for hair removal depends mostly on gender and the location of the area to be treated. Three to six sessions is average, but it also depends on denseness of the hair and the degree of hair removal required. Facial hair removal on a man may require prolonged treatment and the exact duration can't be predicted in advance. The intervals between hair removal sessions also depend on gender and the area of the body to be treated and are spaced progressively. *For facial hair removal (e.g., moustache, chin), an interval of 6 to 8 weeks is usual.

Tip: Hair Remover: Depilatory

A depilatory is a lotion or cream hair remover that is chemical-based. This product dissolves hair at the skin's surface. Here are some of the benefits and choices associated with this product:

- Some depilatories target fine hair while others are aimed at coarse hair
- Different strengths are available to dissolve the strongest of hairs
- They are quick and easy to use.
- They come in formulations for body and face

*Since chemicals are used to dissolve the hair, irritation can occur. It is very important to do a test before using this hair remover product.

Tip: Hair Remover: Threading

Threading, a Mid-Eastern technique that plucks hair at the root by using a twisted piece of thread, is a facial hair remover method for skin that's too sensitive for laser or waxing. No chemicals are used, and it only takes 15 minutes to do both eyebrows. Before looking into this method, here are some things you should know:

- Only works on flat surfaces (not a good hair remover technique for bikini line and knees)
- Not suitable for someone with bad acne, since the string is dragged over the skin
- Works well on the line running from your belly button to your pubic bone
- Excellent for sprouts on your big toes

Category: Hair Straightening

Subcategory: Hair Straightening

Tip: Get It Straight With Flat Irons

If blow drying your hair isn't producing the smooth and straight hair of your dreams it's time to get out the big guns. A flat iron will take even the curliest hair and make it silky and straight in no time flat. For best results apply a smoothing balm to damp hair and blow dry your hair straight with a vent or round brush. Blow your hair in small sections at

a time starting with the layers underneath and working your way up to the top of the head. Once your hair is dry use the flat iron to finish straightening your hair, starting with the underneath layers as you did to blow dry. Take sections slightly narrower than the plates of the flat iron and, starting a half inch from the roots; slowly run the flat iron down the length of your hair. When you are done your hair will be straight, smooth and shiny.

Tip: Sedu Flat Irons: The King Of Hair Straighteners

If you have any interest in flat irons you've no doubt heard of the Sedu flat iron. Thought of by many as the leader in the flat iron industry, the Sedu flat irons boast many hair friendly features that will make straightening your hair quick and easy. The Sedu claims to make straightened hair three times smoother than regular flat irons and the ceramic/tourmaline plates generate six times more negative ions for softer, shinier hair than other flat irons on the market. The Sedu flat iron is equipped with new infra red technology that seals in the hair's moisture while it is being straightened, avoiding the dryness and damage which can result from prolonged use of heated styling tools. The Sedu flat iron is also very user friendly with its light weight body and 25 second heat up time. It also boasts hotter styling temperatures than other flat irons with a heat range from 240 degrees Fahrenheit to 410 degrees Fahrenheit. If time is of the essence when straightening your hair try these styling tips. Whenever possible, wash your hair the night before, and let it dry naturally. This will help to cut down on frizz without a lot of work. In the morning turn on your Sedu flat iron just before you plan on using it. Spray sections of your hair with a thermal styling spray and straighten as desired.

Category: Hair Tools

Subcategory: Hair Tools

Tip: Get Great Hair With Ceramic Hair Tools

Folica.com Tip: Ceramic also plays a major role in the performance of hair straighteners. Most high end models have plates made from a ceramic/tourmaline combination. The ceramic is a super smooth surface that heats up evenly and glides through the hair for a sleek hair result. The tourmaline finishes the job by emitting negative ions which promote shine.

Category: Hairstyles

Subcategory: Hairstyles Tips

Tip: Body at the Roots

To lock in body at the roots, lift sections with a vent brush or a round brush and blowdry at the roots. Start with a high heat setting (as long as you are not holding your dryer too close). Then, follow with a blast of cool air to set your hair style. *It is best to do the actual styling of your hair after you have most of the moisture removed from it(to get the best results).

Tip: Hairstyle to Combat a Cowlick

An attractive hairstyle is hard to manage if your hair decides to go its own way and splits at the crown. Deal with this problem (called a cowlick) by drying the problem area in the opposite direction—this will redirect the hair and give it more lift. Don't attempt a hair style that requires drying your hair flat to your head since this magnifies the split in the crown area. Use a vent brush to lift your hair at the scalp. If your hair is sticking up in the crown and you have a short cut, try growing your hair longer (the weight of your longer hair will weigh down the crown cowlick).

Tip: Hairstyles: Bad Hair Day

Nothing can ruin your morning quicker than a bad hair day. The best way to outwit a bad hair day is to choose a good hairstyle. The trick to avoiding these days is to get a cut that suits your hair type, face shape, and lifestyle. A sleek celebrity hairstyle like Jennifer Aniston's will be a nightmare if your hair's naturally curly and you commonly battle wet weather or high humidity. High-maintenance hairstyles aren't for those who allocate 10 minutes to their hair each morning. Combine an appropriate hairstyle with regular trims, and you'll be pleased with how easy it is to manage your hair.

Tip: Style for a Full Face

If a person's face is full, it's smart to draw less attention to it. Try wearing the hair shorter with some lift on the top, directed away from the face. This will give lift and balance to the face. *Too much hair around the face can close it in and make it look dark and heavy, but some soft wisps around the face can be flattering.

Category: Long Hair Styles

Subcategory: Long Hair Styles

Tip: Grow Long Hair That Shines

Having long hair is nice. Having long hair that is healthy and doesn't look like straw is better. If you are growing out your hair you'll want to pay attention and learn how to grow long hair the healthy way. The first myth to bust is that you should stop getting

your hair cut altogether. To grow long hair that isn't riddled with split ends you will still need maintenance trims to keep your ends looking and feeling great. Though you can spread your salon visits out while growing your hair, you should still see your styling every two months, at least, to have the very ends cleaned up and kept strong. A healthy diet and vitamins can also help ensure that the hair you grow remains in good condition. Just like the rest of our bodies, our hair is a reflection of our all over health. Getting plenty of rest and eating well is key to ensure that you grow long hair at as rapid a rate as possible.

Tip: Pamper Your Hair With CHI Leave In Conditioner

Long hair needs extra TLC to ensure it doesn't fall victim to dryness and split ends. Due to the life span of long hair (it's been with you a while) it needs products such as the CHI Silk Infusion reconstructing complex to keep looking its best. Your hair will enjoy incredible softness and shine without any body busting build up. The CHI Silk Infusion is alcohol free and enriched with pure silk, wheat and soy proteins for manageable hair. Simply apply a small amount of the CHI Silk Infusion to the palm of your hand and distribute it through damp hair with a wide toothed comb. This leave in treatment will make combing and styling a breeze when it transforms your long hair into silky tresses.

Category: Male Hair Loss

Subcategory: Male Hair Loss Tips

Tip: Hair Loss Treatment: Laser Therapy

Laser treatment is a non-surgical, hair loss treatment that uses therapeutic light to improve the cellular function of hair follicles. It is often suggested for men in the early stages of hair loss, because they have the best chance to obtain and maintain a healthy head of hair. Purported results include elimination of persistent hair loss, thickening of existing hair, and new hair growth from viable hair follicles. The therapy is reportedly painless, without side-effects, and patients may resume normal activities immediately. Surgeons who perform laser therapy claim the benefits continue long after the treatment program is completed and patients do not require a lifetime of continued use to maintain results.

Category: Medium Hair Styles

Subcategory: Medium Hair Styles

Tip: Fabulously Shaggy Medium Hair Cuts

Medium hair cuts may just be the most perfect hair cuts around. Long enough to play with or put up yet short enough to get loads of volume from—how perfect is that? To make the most of your medium hair cut be versatile in how you style it. Do avoid the same old same old be sure you have layers, also known as a shag hair cut, for tons of options. For a big and sassy version try using a volume-boosting gel and blow dry hair with a large round brush. Lift at the roots when drying to get volume where it counts most. Make the sides and back sleek by bringing them in closer to the neck for balanced outline. Use a little styling wax on the bottom layers for definition and mist hair with a shine enhancer to make your medium hair cut gleam. For a softer look set hair in medium sized hot rollers. Take out the rollers once they cool and coat hands with a little pomade or styling wax. Finger comb your curls into place for a loose and romantic style.

Tip: Sexy Hair Styles For Medium Length Hair

You don't have to have long, flowing hair to look glamorous. In fact, many hair styles for medium length hair scream sexy and glamorous. Try a curvy hair style for medium length hair with lots of volume and a deep side part for a Marilyn Monroe-like vibe. Add mousse to damp hair to pump up the volume and blow dry your hair with a large round brush. Roll sections back and away from your face for a sexy swoop. Finish off this style by using a jumbo curling iron to enhance those big, sexy waves. Flip your head upside-down and give your roots a spritz of medium hold hairspray to lift the roots and make sure your hair doesn't wither. A humidity proof hairspray is best for hair that may have natural curl or if humidity is a problem in your area.

Category: Men's Hair Styles

Subcategory: Men's Hair Styles

Tip: Easy Maintenance With A Short Men's Hair Style

Do you have thick unruly hair or hair that fights you every step of the styling way? A short men's hair style may be the answer to your styling dilemma. A classic men's hairstyle doesn't have to be boring. Short men's hair style looks are layered short on the top and tapered on the sides and back. The look is clean and classic but still gives you room to add some interest with styling products. Try spiking it on the top and sides like Mathew Perry does by using a firm hold hair gel on damp hair. Form it with your fingers and give the hair a shot of hair spray. Let the hair dry naturally for the best hold. For a slightly more relaxed form of this men's hair style let the top and sides grow a little longer and wear it in a slightly messy form such as Tom Cruise's hair style. A mousse for fine hair will plump up thin hair so apply it to damp hair and use a vent brush while blow drying your hair into place. For thicker hair try a pomade to give the hair definition and texture.

Category: Short Hair Styles

Subcategory: Short Hair Styles

Tip: Add Texture To A Short Hair Cut

Short hair doesn't have to be boring. Today's styles use sophisticated cutting techniques, as well as texture enhancing hair products to create a short hair cut that's pumped up with style. For a funky short hair cut have the layers at the top left a little longer (3 to 4 inches) while the sides and back are cut shorter. The hair is given lots of texture thanks to the use of a straight razor to break up blunt ends and give lots of movement to the style. Use a styling lotion or smoothing balm on damp hair and blow dry the hair with a flat brush from the crown forward. The bangs are worn almost full on the forehead with a slight sweep to one side. The sides and back are flipped out slightly for added texture. When the hair is dry use a flat iron to smooth the top layers of this short hair cut and define the flip on the sides and back. Finish off with a styling wax to separate the hair and define the layers.

Tip: Tame Thick Hair With The GHD Flat Iron

Folica.com Tip: The GHD flat iron can also be used to add wave or large curls to the hair. Simply twist your wrist while gliding the flat iron through the sections of hair for added volume and body.

Category: Wedding Hair Styles

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Tip: Bridal Hair Flowers Add Beauty To Your Hair

Adding a touch of nature to your hair can make even the simplest wedding hairstyle a thing of beauty. Depending on your hairstyle, you can use one large flower, such as a white rose, or a few smaller flowers, such as mini gardenias, dispersed throughout your hair. Because your wedding day will likely be a long one, and you want to look picture perfect throughout it all, silk flowers are a better alternative to real ones that will wilt. For those who love all things that glitter, try adding a gem stone encrusted flower hair pin to your wedding hairstyle. This is a perfect way to add a hint of nature to your style while adding serious glamour to your hair. Use one large hairpin on the side or back of your hairstyle or many tiny ones throughout your hair.

Tip: Bridesmaid Hair Ideas

A bridesmaid's hair is an important part of their overall appearance. You'll want the bridesmaid hair to compliment each bridesmaid and look elegant, without competing with the bride's hairstyle. For short bridesmaid hair, having the hair styled in a more polished version of their everyday style can make a big difference. Curly hair can set in rollers to give the hair more volume and texture. A flowered or jeweled hair comb in a matching color to the bridesmaid's dress is also a great way to glam up bridesmaid hair. For medium to long hair a simple yet elegant updo is a great option. Try opting for a style that is different from the bride's hair but still works well with the overall theme of the wedding. A chignon is a classic and very popular updo right now. It's both elegant but understated enough not to compete with the bride (unless she's wearing that style). Loose curls pinned up at the back of the head is another popular bridesmaid hair style. For added interest have silk flowers in the same color as the bridesmaid dress added to the hairstyle.

Tip: Go Bare With A Brazilian Wax

Folica.com Tip: After a Brazilian wax the hair will usually grow back finer and fewer. Depending on the person, you can be hair free after a wax anywhere from a few weeks to a few months. Due to heat being a hair growth trigger, you may experience faster regrowth in the summer. Continued use should slow down the growth rate and lessen the amount of hair in your bikini area.